



# ConVal Regional High School STUDENT NOTICES

**Monday, November 1, 2015**

## LUNCH MENU

11/2 Monday: Grilled Cheese on Wheat

11/3 Tuesday: Sloppy Joe on Wheat Bun

## SPORTS DISMISSALS:

Unified Soccer playoff game @ Nashua North  
release at 1:00 PM

## INFORMATION:

Picture retake is scheduled for Wednesday,  
November 4<sup>th</sup>.

Today is The Day of the Dead, or Día de los muertos. Throughout Mexico and some other Latin American countries, people celebrate their ancestors who have passed-on. It's a joyful day, like Halloween, where children eat lots of candy. Spanish Club has hidden some day of the dead pictures all around the school. If you find one, you can trade it in for a chocolate skull with Señora Pacheco or Señor Kennedy. **LIMIT TWO PER PERSON, PLEASE.**

Also, all this week, Spanish Club will be raffling off a Day of the Dead gift basket, featuring fantastic gift cards from local merchants like Harlow's, Pizza Peddler, Grappelli's, Toadstool and more. Buy your tickets at lunch outside the Cafe.

There will be an informational meeting for anyone interested in joining the Wrestling Team this season. Thursday, Nov 5, Room 650, 2:30-3:00.

JUNIORS who are interested in the United States Naval Academy, please see your counselor for a unique opportunity.

Attention all boys interested in trying out for the boys basketball team this year. There will be a mandatory meeting Tuesday, November 3rd at 3:15 in room 650.

Sophomores-it's time to order your Class Rings! Ring orders will be taken on Wednesday, November 4<sup>th</sup> during all lunches in the cafeteria. A \$50 deposit is requested when placing your order. Design your custom ring or class tag on-line at Jostens.com or pick up a jewelry packet in the main office.

Informational meeting for the Nordic Ski Team will be held today (Monday, November 2<sup>nd</sup>) at 2:30 PM in Room 651.

Do you have an internship scheduled for second term? If so please email or see Ms. O'Neil to arrange a placement.

Get your Cougar Apparel...order forms available in the Main Office or from Mrs. Coyne. We have long sleeve t-shirts, ¾ sleeve baseball t-shirts, winter hats, CV string bags and lanyards. Sweat-shirts are available by order. Order deadline is November 20th...delivery date will be December 16th. See Mrs. Coyne if you have any questions.

The ConVal High School Counseling Department is hosting a student and parent information night for the Class of 2016. December 2, 2015 at 6:30 will be the Financial Aid Night for Seniors. This presentation helps families navigate through the federal financial aid process (FAFSA), explores what type of additional aid is available, reviews scholarship searches and highlights the importance of meeting deadlines. All are welcome to attend.

American Legion High School Oratorical Contest - open to all students in grades 9-12 who are US Citizens. State awards up to \$1000, National awards up to \$18,000. Speak an oration of between 8 and 10 minutes from memory of some phase of the US Constitution.



# ConVal Regional High School STUDENT NOTICES

Each high school may select one student to participate. If you are interested, please see your counselor!!

**NEW SCHOLARSHIPS POSTED ON NAVIANCE – MENSA Scholarships** – Since consideration is not given to grades, academic program or financial need, Mensa Foundation scholarships are based totally on essays (up to 550 words) written by applicants. Therefore, the goal statement and supporting information are significant parts of a winning essay. Deadline 1/15/16.

**National Multiple Sclerosis Society scholarships** – awards of up to \$3000 given to students who either have MS or have a parent how has MS and will be attending college in the fall. Deadline 1/15/16.

Throughout October and November, the National Honor Society is collecting Shaws Cuisinart stamps to earn Cuisinart cookware, which will be donated to the Monadnock Area Transitional Shelter. For every \$10 spent at your local Shaws Supermarket, you receive one stamp. If you have any stamps that you would like to add to the National Honor Society's collection, please send them in with your student and bring them to the main office, there is a yellow box in the main office. NHS appreciates your support!  
Thank you!

The 25th Annual New England Service Academy Night will be Wednesday, Nov 4th at the Danversport Yacht Club in Danvers, MA beginning at 6:30pm Congressional staff will be present to discuss the process and speak with attendees and their families. There will be representatives from the Federal Service Academies, Senior Military Colleges, Maritime Academies, Junior Military Colleges, ROTC and the Massachusetts National Guard. Open to grades 9-12. For more information please contact LTC Hotaling at fhotalin@norwich.edu.

The following colleges/organizations will be here to speak with you as follows:

Army National Guard	Cafe	Tue November 3, 2015	11:00 AM
Alfred University	Counseling Office	Wed, November 4, 2015	11:30 am
Salve Regina University	Counseling office	Thu November 5, 2015	10:15 AM
US Marines	Cafe	Thu November 5, 2015	11:00 AM
Fisher College	Counseling office	Tue November 10, 2015	1:15 PM
US Army	Cafe	Thu November 12, 2015	11:00 AM
Massachusetts College of Liberal Arts	Counseling office	Mon November 16, 2015	9:30 AM
Lakes Region Community College (NHCTC-Laconia)	Counseling office	Tue November 17, 2015	9:00 AM