

Thursday, March 3, 2016

LUNCH MENU

3/3 Thursday: Roast Pork

3/4 Friday: General Tso's Popcorn Chicken

INFORMATION:

Not sure what sure what to do this spring? Try Track! It doesn't matter if you are a seasoned athlete or if you have never done a sport before, if you are willing to show up and give your best then there is a place for you on the Con-Val Track team. Come to the pre-season meeting to find out what it's all about!

The Red Cross Blood Drive is back! ConVal students and staff are invited to give blood on Wednesday March 16. Sign up for a time slot in the main office. Any student 17 or older may donate without parent permission. If you are 16 and want to give, you will need to have a signed parent permission form, available in the main office.

Sign up soon! The spots fill up fast! Thank you from the Red Cross and Student Council

On Friday, March 11th, S.A.L.T. will be sponsoring a dodgeball tournament. Teams can sign up between Tuesday, March 8th and Friday, March 11th. The cost is \$8.00 for a team of 8 people. Forms are available in the Main Office and Athletic Office.

Spring Sport Team Meetings have been scheduled as follows:

March 3rd Girl's Lacrosse Room 652 2:30 pm March 3rd Outdoor Track & Field Room 651 2:30 pm

March 8th Girl's Tennis Room 650 2:30 pm March 14th Boys Tennis Room 652 2:30 pm

Michael's School of Hair Design & and Esthetics is holding an open house at their Bedford location on March 8, 2016 from 6-8pm for those students interested in career opportunities in

the beauty industry. Activities and prizes, tour of the school, scholarship and funding information and programs offered. RSVP to 668-4300 x117 or CathyG@MichaelsSchool.com.

New scholarships available – to go your Naviance account for further details!

NH Association of Septage Haulers - \$500 – Deadline 3/20/16

College/Career visitors to ConVal - preregister through Naviance!

| College | Date | Time | Location |
|--------------------------|-----------------------|----------|-------------------|
| US Marines | Thu March 3, 2016 | 11:00 AM | Café |
| US Army | Thu March 10, 2016 | 11:00 AM | Café |
| The University of Tampa | Mon April 4, 2016 | 2:00 PM | Counseling office |
| Army Nation- al Guard | Tue April 5, 2016 | 11:00 AM | Café |
| US Marines | Thu April 7, 2016 | 11:00 AM | Café |
| US Army | Thu April 14, 2016 | 11:00 AM | Café |
| Army Nation- al Guard | Tue May 3, 2016 | 11:00 AM | Café |
| US Marines | Thu May 5, 2016 | 11:00 AM | Café |
| US Army | Thu May 12, 2016 | 11:00 AM | Café |

Here's the latest list - access all on Naviance. Highlighted=new

| 10 Words or Less Scholarship | 6/15 | \$500 |
|--|------|--------------|
| Anthony Romano & Vernon Kelley Memorial Grant | 4/4 | \$500-\$1500 |
| Aspiring Animation Professional Scholarship | 6/1 | \$1000 |
| Aspiring Fashion Professional Scholarship | 6/1 | \$1000 |
| Aspiring Nurse Scholarship | | \$10,000 |



| Bradshaw Nursing Scholar- ship-LOCAL | 4/15 | varies |
|---|--|---|
| David Jacques Memorial Scholarship | 4/1 | \$1000 |
| Fisher Cats Foundation Scholarship | 4/30 | \$2500 |
| Francestown Garden Club Scholarship- | <mark>4/15</mark> | \$1500 |
| FRANCESTOWN Fragment Foundation Scholer | | |
| Freemont Foundation Scholar- ship | | N/A |
| George Coleman Scholarship | 3/15 | \$2,000 |
| Greater Manchester Black Scholarship Foundation (not race-related) | 4/15 | N/A |
| Hood Sportsmanship Scholar- ship | 3/6 | \$5,000 |
| Hubbard/Gilbert Nursing Scholarship | 4/15 | varies |
| Journalism Education Schol- | 3/11 | \$1000 |
| <mark>arship</mark> | 3/11 | \$1000 |
| Lakes Region Tourism Scholarship | 3/25 | \$1000 |
| | | |
| League of NH Craftsmen | <u>4/1</u> | \$1000 |
| Scholarship | <mark>4/1</mark> | \$1000 |
| Scholarship Manchester Artisit Assn Scholarship | 4/1 5/1 | \$1000 \$500 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship | | |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Schol- | 5/1 | \$500 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship | 5/1 5/1 | \$500 \$1000 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Schol- | 5/1 5/1 5/1 | \$500 \$1000 \$1000 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship Moran Family Scholarship New England Newspaper & | 5/1 5/1 5/1 3/31 3/11 | \$500 \$1000 \$1000 \$1000 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship Moran Family Scholarship New England Newspaper & Press Association NH Association of Broadcast- | 5/1 5/1 5/1 3/31 3/11 | \$500 \$1000 \$1000 \$1000 \$1000 \$2500- |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship Moran Family Scholarship New England Newspaper & Press Association NH Association of Broadcasters NH Association of Septage | 5/1 5/1 5/1 3/31 3/11 4/8 | \$500 \$1000 \$1000 \$1000 \$1000 \$2500- \$5000 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship Moran Family Scholarship New England Newspaper & Press Association NH Association of Broadcasters NH Association of Septage Haulers NH Charitable Trust Founda- | 5/1 5/1 5/1 3/31 3/11 4/8 3/20 | \$500 \$1000 \$1000 \$1000 \$1000 \$2500- \$5000 \$500 |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship Moran Family Scholarship New England Newspaper & Press Association NH Association of Broadcasters NH Association of Septage Haulers NH Charitable Trust Foundation | 5/1 5/1 5/1 3/31 3/11 4/8 3/20 4/15 | \$500 \$1000 \$1000 \$1000 \$1000 \$2500- \$5000 \$500 varies |
| Scholarship Manchester Artisit Assn Scholarship Manning & Zimmerman Scholarship Marine Corps League Scholarship Moran Family Scholarship New England Newspaper & Press Association NH Association of Broadcasters NH Association of Septage Haulers NH Charitable Trust Foundation NH Road Agents | 5/1 5/1 5/1 3/31 3/11 4/8 3/20 4/15 4/1 | \$500 \$1000 \$1000 \$1000 \$1000 \$2500- \$5000 \$500 varies \$1200 |

| Raise Me | N/A | N/A |
|---|------|-----------------------|
| Souhegan Lions Club Citizenship Award-TEMPLE | 5/18 | \$500 |
| Stephen Phillips Memorial Scholarship Fund | 5/2 | \$3,000 - \$18,000 |
| Student Scholarships.org | N/A | \$10,000 |
| Student-View Scholarship Program | 4/22 | N/A |
| Tuition Funding Sources | N/A | N/A |