

# CONTOOCCOOK VALLEY REGIONAL HIGH SCHOOL

184 Hancock Road, Peterborough, NH 03458

(603) 924-3869

[cvhs.convalsd.net](http://cvhs.convalsd.net)

G. Bruce West, Principal  
Michelle Voto, Dean of Faculty  
John Reitnauer, Athletic Director

Stephen Bartsch, Dean of Students  
Kim Chandler, Director of School Counseling  
Michael Lucow, Special Education Administrator  
Jennifer Kiley, Director, Region 14 Applied Technology Center

September 17, 2018

Dear Parents and Guardians,

We are beginning to establish a rhythm to our days, and we hope that your students are feeling supported and challenged as the year progresses. In our continued effort to keep you informed of events at ConVal High School, we would like to encourage you to visit our school website at [cvhs.convalsd.net](http://cvhs.convalsd.net) for the most-to-date information.

In addition, we want to share the following information:

## **A Reminder from our Nurses**

With school and fall athletics underway, we would like to take a moment to remind parents to review the Health Office policies in the Student Handbook. If your student has sustained an injury and is returning to school with a cast or sling, crutches or wheelchair, sutures (stitches), after surgery, or with any kind of activity restriction, the school nurses will need written instructions from your healthcare provider.

## **New Hampshire Tackles Hunger Campaign**

As part of the statewide “New Hampshire Tackles Hunger” campaign, ConVal High School is partnering with our football team and WMUR in a concerted effort to help stock up local food pantries. Hunger and food insecurity are very real problems in our communities. According to the latest statistics, about 13% of children are living in food insecure environments, meaning they do not know where their next meal will come from. Please encourage your student to contribute some non-perishable food to this very important effort. Food donations will be accepted in the main office and the main hallway of ConVal.

## **Open House - Thursday, September 20th**

This is one of two open houses this year. The purpose of the evening is to offer you an opportunity to meet your student’s teachers and receive overview of the courses. If you wish to have an individual conversation, please feel free to contact the teacher through email.

If you come early, we will be providing a brief tour of our beautiful, fully renovated chemistry and biology labs. I want to publicly thank the school board and the community for the resources to engage in this project. I also want to thank Hutter Construction, a variety of subcontractors, and our amazing maintenance and custodial staff for their efforts to complete this project in only three months.

### *Open House Schedule*

6:00-6:30 - new science labs open for viewing

6:30-6:40 - TASC

6:45-6:55 - Block 1

7:00-7:20 - Block 2 A&B (This block is longer because of its A/B schedule for some students)

7:25-7:45 - Block 3 (This block is longer because of “skinny” classes for some students)

7:50-8:00 - Block 4

## **Upcoming Events**

September 21-22 Homecoming Weekend, Saturday evening Homecoming Dance

September 22 ConVal Hall of Fame Inductions

September 26 College Planning Night

Sincerely,



Gib West