



184 Hancock Road • Peterborough • New Hampshire • 03458  
 Main: 603.924.3869 • School Counseling: 603.924.4120 • FAX: 603.924.2325 • [www.conval.edu](http://www.conval.edu)  
 CEEB: 300490  
 2017-2018

**Kimberly Saunders**  
*Superintendent*

**G. Bruce West**  
*Principal*

**Steve Bartsch**  
*Dean of Students*

**Kim Chandler**  
*School Counseling  
 Director*

**Brandi Litts**  
*Registrar*

**School and Community**

Contoocook Valley (ConVal) Regional High School opened in 1970 to serve nine towns and 250 square miles in the Monadnock Region of New Hampshire. Towns comprising the ConVal District are Antrim, Bennington, Dublin, Frankestown, Greenfield, Hancock, Peterborough, Sharon and Temple. The population of the nine towns is approximately 17,000.

Specialized programs are offered for students with learning disabilities and special needs (15%). Over fifty percent of our student body participates in athletics and/or extracurricular activities.

Students are expected to learn and demonstrate effective communication, effective problem solving, and effective use of knowledge. Students are also expected to demonstrate respect for themselves, respect for others, and respect for the facility.

**Curriculum**

Courses are offered on a four-by-four block schedule with daily classes for eighty minutes, and one intervention block. All students participate in an innovative intervention block called TASC (Teachers in Academic Support Centers), which provides daily, forty-three minute, guided interventions, extensions and the ability to personalize their education.

**Honors Courses**

Academic honors courses are offered to students at all grade levels who wish to have a more rigorous and challenging course of study and who meet the prerequisites. Honors courses are weighted on the grading scale and indicated by the 010 course number.

**Advanced Placement Courses**

AP Courses are college level courses that culminate in an end of course AP exam. Exam scores are reviewed by colleges and will be accepted as college credit under certain circumstances. AP Courses are weighted on the grading scale and are indicated by a 010 course number. ConVal also participates in Virtual Learning Academy Charter School (VLACS) with a variety of options available to students.

Biology	Calculus AB	Calculus BC	Chemistry
English Language	English Literature	German	Spanish
Studio Art	US History	World History	

**Career and Technical Education Programs**

The Region 14 Applied Technology Center offers a variety of Career and Technical Education programs for students from ConVal and Conant High Schools. Students completing a sequence of related courses in a concentrated area are eligible for certificates/credentials and in some cases, college credits can be earned through dual enrollment and Project Running Start.

Accounting	Automotive Service Technology
Building Construction	Business Management
Careers in Education	Computer Engineering
Digital Photo and Video Arts	Electronics and Robotics
Entrepreneurship	Fire Fighting
Graphic Design	Licensed Practical Nursing
Pre-Engineering	Website Design
Woodworking/Cabinetmaking	

**About ConVal**

Enrollment: 746  
 Motto: Here Comes ConVal!  
 Mascot: Cougar  
 Colors: Blue and Gold  
 Hours: 7:35 am – 2:20 pm

**Grading Scale**

A+ (97-100)	C (73-76)
A (93-96)	C- (70-72)
A- (90-92)	D+ (67-69)
B+ (87-89)	D (63-66)
B (83-86)	D- (60-62)
B- (80-82)	F (0-59)
C+ (77-79)	

**Testing Data 2016**

	CVHS	NH	US
<b>SAT</b>			
<b>CR</b>	546	527	494
<b>Math</b>	531	531	508
<b>Writ</b>	515	510	482

**ACT**

<b>English</b>	24.7	24.0
<b>Math</b>	25.4	24.4
<b>Read</b>	25.5	25.1
<b>Science</b>	24.8	24.1

**Advanced Placement**

92 students sat for 148 exams	
Score	%
5	18%
4	26%
3	37%
2	18%
1	1%

**Post-Secondary Plans 2016**

Bachelor Degree Program	51%
Associates Degree Program	17%
US Military	3%
Trade/Vocational School	4%
Employment	25%

## Graduation Requirements

---

Subject	Credits
English <i>English 9, English 10, English 11 and 1 credit of English electives</i>	4
Global Studies	1
Economics	.50
Government	.50
US History	1
Science <i>Earth Science, Biology, and 1 credit of Laboratory Science</i>	3
Mathematics	3
World Languages	Elective
Physical Ed/Health	2
Digital Literacy	.50
Art Education	.50
Electives	10
<b>Total</b>	<b>26</b>

## Special Programs

---

- Adult Education
- Alternative Learning Plan
- Career Pathway Plan of Study
- Credit Recovery Program
- Early Graduation
- Extended Day Academy
- Extended Learning Opportunities
- Foreign Exchange Program
- Independent Study
- Internship
- New Hampshire Scholars
- Project Running Start
- RENEW
- Summer Academy
- Teachers in Academic Service Centers (TASC)
- Virtual Learning Opportunities

## Mission, Beliefs and Core Values

---

### Our Mission

The ConVal High School community is dedicated to learning, thinking and growing.

### Beliefs and Core Values

ConVal is committed to the following:

- Fostering a safe environment through positive culture
- Relentless pursuit of learning, thinking and growing
- Community demonstration of respect for self, peers, facility, and adults
- Students, parents, community, and staff working together

### 21<sup>st</sup> Century Learning Expectations

- Writing
- Reading
- Speaking
- Collaboration
- Reading
- Problem Solving
- Technology
- Self-Management

### Academic Competencies

---

ConVal is now involved in a detailed curriculum mapping process to review, reflect and revise as needed the curriculum, as well as building connected assessments to assure proficiency of skills. These competencies are directly connected to the academic grade in each course and graduation requirement as identified by the New Hampshire State Board of Education and the ConVal School District.

### Course Levels

---

#### Advanced Placement (010)

Advanced Placement courses are college level courses approved by The College Board®. These extremely rigorous courses move at a college level pace and students should expect to work harder. Weighted at 1.50 points.

#### Honors (010)

010 courses require extensive thinking skills, frequent, in-depth reading and writing assignments and consistent homework and home study. Students will be required to synthesize and analyze information and work independently. Weighted at 1.50 points.

#### Accelerated (012)

012 courses are academically challenging and come with high expectations. 012 courses prepare students for the rigor of college level work. Weighted at 1.25 points.

#### Non-levleed (123)

123 courses meet the credit requirements for graduation and New Hampshire State standards, and include students of all abilities and interests. Note: 012/123 courses are courses that are heterogeneously grouped. Teachers may individualize course weight based on a student's current skill level. Weighted at 1.00 points.



**Kristin Ingram**  
Career Counselor

**Eric Kostecki**  
School Counselor

**Rebecca Dunn**  
School Counselor

**JoAnn Fletcher**  
School Counselor

**Sarah Downing**  
Academic Support

**Shawn King**  
Student Assistance  
Counselor

**Betsy Hinkle**  
Student Assistance  
Counselor