



# ConVal Regional High School STUDENT NOTICES

Thursday, October 29, 2015

## LUNCH MENU

10/29 Thursday: Apple Maple French Toast  
10/30 Friday: General Tso's Chicken

## SPORTS DISMISSALS:

Girls Soccer Playoff Game @ Souhegan release  
at 1:00 PM

## INFORMATION:

Picture retake is scheduled for Wednesday,  
November 4<sup>th</sup>.

JUNIORS who are interested in the United  
States Naval Academy, please see your counse-  
lor for a unique opportunity.

Attention all boys interested in trying out for  
the boys basketball team this year. There will  
be a mandatory meeting Tuesday, November  
3rd at 3:15 in room 650.

Sophomores-it's time to order your Class Rings!  
Ring orders will be taken on Wednesday, Novem-  
ber 4<sup>th</sup> during all lunches in the cafeteria. A \$50  
deposit is requested when placing your order. De-  
sign your custom ring or class tag on-line at Jos-  
tens.com or pick up a jewelry packet in the main  
office.

Informational meeting for the Nordic Ski Team  
will be held Monday, November 2<sup>nd</sup> at 2:30 PM in  
Room 651.

Do you have an internship scheduled for second  
term? If so please email or see Ms. O'Neil to ar-  
range a placement.

Friday, October 30<sup>th</sup> the Student Leadership Team  
is hosting a scary movie night in the LHT from  
5:00-10:00 PM. Vote outside the cafeteria today  
and Wednesday for which scary movie you would  
want to see!

Peterborough Recreation Department & the Depot  
Square Merchants present "BOO NIGHT", Fri-  
day, October 30<sup>th</sup> from 4:30 pm – 6:30 pm. Carve  
out some free Halloween Fun at Depot Park in  
Peterborough! Enjoy trick or treating at Depot  
Square Businesses. For more information check  
out the poster on the Community Announcements  
board.

The ConVal Music Department is hosting a  
Haunted Trail Fundraiser Friday (Oct. 30th) from  
7 - 9:30pm! \$5.00 admission

Get your Cougar Apparel...order forms available  
in the Main Office or from Mrs. Coyne. We have  
long sleeve t-shirts, ¾ sleeve baseball t-shirts,  
winter hats, CV string bags and lanyards. Sweat-  
shirts are available by order. Order deadline is  
November 20th...delivery date will be December  
16th. See Mrs. Coyne if you have any questions.

The ConVal High School Counseling Depart-  
ment is hosting a student and parent infor-  
mation night for the Class of 2016.  
December 2, 2015 at 6:30 will be the Financial  
Aid Night for Seniors. This presentation helps  
families navigate through the federal financial  
aid process (FAFSA), explores what type of ad-  
ditional aid is available, reviews scholarship  
searches and highlights the importance of  
meeting deadlines.  
All are welcome to attend.

American Legion High School Oratorical Con-  
test - open to all students in grades 9-12 who  
are US Citizens. State awards up to \$1000, Na-  
tional awards up to \$18,000. Speak an oration  
of between 8 and 10 minutes from memory of  
some phase of the US Constitution.  
Each high school may select one student to par-  
ticipate. If you are interested, please see your  
counselor!!



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NEW SCHOLARSHIPS POSTED ON NAVIANCE – MENSA Scholarships – Since consideration is not given to grades, academic program or financial need, Mensa Foundation scholarships are based totally on essays (up to 550 words) written by applicants. Therefore, the goal statement and supporting information are significant parts of a winning essay. Deadline 1/15/16.

National Multiple Sclerosis Society scholarships – awards of up to \$3000 given to students who either have MS or have a parent how has MS and will be attending college in the fall. Deadline 1/15/16.

Throughout October and November, the National Honor Society is collecting Shaws Cuisinart stamps to earn Cuisinart cookware, which will be donated to the Monadnock Area Transitional Shelter. For every \$10 spent at your local Shaws Supermarket, you receive one stamp. If you have any stamps that you would like to add to the National Honor Society's collection, please send them in with your student and bring them to the main office, there is a yellow box in the main office. NHS appreciates your support!  
Thank you!

The 25th Annual New England Service Academy Night will be Wednesday, Nov 4th at the Danversport Yacht Club in Danvers, MA beginning at 6:30pm Congressional staff will be present to discuss the process and speak with attendees and their families. There will be representatives from the Federal Service Academies, Senior Military Colleges, Maritime Academies, Junior Military Colleges, ROTC and the Massachusetts National Guard. Open to grades 9-12. For more information please contact LTC Hotaling at fhotalin@norwich.edu.

The Jaffrey VFW Post 5613 invites all students ages 15-19 to participate in the VFW'S "Voice of Democracy" Scholarship Program. More

than two million dollars are awarded each year and the national first place winner receives \$30,000. This is a 3-5 minute audio essay competition designed to give students the opportunity to voice their opinion on their responsibility to their country. This year's theme is "My Vision for America". Deadline is 11/1/2015. Information is available in the Counseling Office.

The following colleges/organizations will be here to speak with you as follows:

Western New England University	Counseling office	Thu October 29, 2015	10:15 AM
Mount Wachusett Community College	Counseling office	Fri October 30, 2015	10:15 AM
Army National Guard	Cafe	Tue November 3, 2015	11:00 AM
Salve Regina University	Counseling office	Thu November 5, 2015	10:15 AM
US Marines	Cafe	Thu November 5, 2015	11:00 AM
Fisher College	Counseling office	Tue November 10, 2015	1:15 PM
US Army	Cafe	Thu November 12, 2015	11:00 AM
Massachusetts College of Liberal Arts	Counseling office	Mon November 16, 2015	9:30 AM
Lakes Region Community College (NHCTC-Laconia)	Counseling office	Tue November 17, 2015	9:00 AM