

Rising 10th Graders: 2023–2024

COURSE SELECTION



What we will cover today

AGENDA

- Graduation Requirements
- Course Selection Timeline
- Course Selection Info
 - Program of Studies
 - Virtual Electives Fair
- Recommended Courses
- Things to Consider
 - College Level Courses
 - NH Scholars
- How to Select Courses in PowerSchool
- Next Steps

Minimum Graduation Requirements

Subject Area	ConVal Diploma	ADP
English	4	4
Social Studies: (1 Global Studies, 1 Econ/Gov, 1 US History)	3	3
Science: (1 Physical Science, 1 Biology, 1 additional science)	3	2
Mathematics	4	2
Health	1	0
Physical Education	1	0
Art	.5 or competency	0
Information and Computer Technology	.5 or competency	.5 or competency
Electives	9	8.5
TOTAL	26	20

Course Selection Timeline

FEB 2 – 10

Students review course selection information with parents/guardians.

Students enter course selections online in PowerSchool.

FEB 13 – MARCH

School counselors will be scheduling meetings with students to review and finalize course selections.

ATC Applications due by March 17.

MARCH 24 – ON

Teachers review student course requests and communicate with students, parents, counselors regarding recommendations.

Students will receive their schedules in August

Course Selection Info

Choose School

Go



Contoocook Valley Regional High School 184 Hancock Road Peterborough NH 03458



(603) 924-3869

ConVal Regional
High School



Solar Power

School Information ▼

Academics ▼

Parents & Students ▼

Library

School Counseling ▼

Health Office ▼

Home

Athletics

Appointment Requests

[Course Selection Resources](#)

Naviance

Transcript Requests



Program of Studies

Contoocook Valley Regional High School 184 Hancock Road Peterborough NH 03458 (603) 924-3869

ConVal Regional High School

Solar Power School Information Academics Parents & Students Library School Counseling Health Office Athletics

Course Selection Resources

Below you will find links to helpful resources that will help navigate the course selection process.

- 2023-24 Program of Studies

For Current CVHS Students:

- Course Selection Sheet for Rising 10th Graders
- Slideshow for Rising 10th Graders
- Course Selection Sheet for Rising 11th Graders
- Slideshow for Rising 11th Graders
- Course Selection Sheet for Rising 12th Graders
- Slideshow for Rising 12th Graders

For Current 8th Grade Students:

- Course Selection Sheet for Rising 9th Graders
- Course Selection for Rising 9th Graders
- Slideshow for Rising 9th Graders

School Counseling

About School Counseling
Admissions Testing – ACT/SAT
Adult Diploma
College Planning Resources
Course Selection Resources
Monthly Newsletter
Community Resources
ConVal Profile
Forms
Graduation Requirements
Military, ASVAB, and Service Academies
Naviance – Career and College Planning
New Student Registration
Online Learning
Parent Resources for Drug & Alcohol Support
PowerSchool Parent and Student Sign In
RENEW

Online Electives Fair

ConVal High School Holds Online Electives Fair

ConVal Regional High School students have the opportunity this month to explore courses for the 2022-2023 school year by checking out the Electives Fair online.

By clicking on the short video presentations and .pdf guides below, students can search the palette of options offered by the following:

ConVal High School Departments

- English
 - Aesthetics and Ideas (Lambert & Putnam)
 - English Electives (L Moore)
 - Theatre Arts (L Moore)
- Health & Wellness
 - Personal Fitness (Lima)
- Mathematics
 - Statistics (Winslow)
- Science
 - Science Electives (Muncy)
- Social Studies
 - AP US History (Bowman)
 - AP World History (Heider)
 - Psychology (O'Brien)
 - Western Heritage (Leonard)
 - World Religions (Bowman)
- Visual and Performing Arts
 - 2D Art (Goldthwaite)
 - 3D Art (Putnam)
 - Aesthetics and Ideas (Lambert & Putnam)
 - Band (Wickham)

VISIT THE CVHS WEBSITE TO CHECK OUT
SHORT VIDEO CLIPS OF THE ELECTIVE
COURSES AVAILABLE TO YOU!

VIRTUAL ELECTIVES FAIR



cvhs.convalsd.net/school-counseling/course-selection-resources/

Changes to the Program of Studies

For the 2023–2024 School Year

- ★ Yoga
- ★ Website Design is now called Introduction to Design.
- ★ Computer and Information Technology requirement can be met through:
 - Robotics
 - Intro to Technology
 - Software Programming & Game Design
 - Electronics & Microcontrollers
 - Router and Switching Networks
 - Software Programming using C++

Recommended courses for 10th graders

ENGLISH

English 10/Honors

AP Language

English Electives

English 9
(if not done already)

SOCIAL STUDIES

Amer Econ/Govt

Western World

AP World History

Social Studies
Electives

MATH

Algebra 1
(if not done already)

Geometry or
Geometry Concepts

Algebra 2

Algebra 3

Trigonometry

AP Calculus

Statistics

SCIENCE

Biology

Earth and Space
Science

Chemistry

Chemistry Honors

Science electives

OTHER

Health & Wellness 1

World Languages:
German or Spanish

Visual / Performing
Arts

ATC Career and
Technical Ed Courses



Region 14 Applied Technology Center

MUST COMPLETE ATC APPLICATION – DUE MARCH 17

Auto	Digital Photo/Video
Business	Engineering
Careers in Education	Firefighting & EMT
Computer & Information Technology	Graphic Design
Construction Trades	Manufacturing with Welding

Quarter long LNA classes are also available.

If you're interested in a program not on this list, talk to Mrs. Kiley & your school counselor.

Things to Consider

WHEN SELECTING YOUR COURSES

*All students must engage with and apply **English and mathematics competencies** during every year they are in high school*

- Interests should drive course selection
- College and Career Ready
- Post-secondary goals
- High School minimum graduation requirements vs. College Admission requirements
- Differences in requirements for certain majors
 - Ex. Nursing – Chemistry, Anatomy
 - Ex. Engineering – math requirements
- Rigor
- Alternates

College Level Courses

EARNING COLLEGE CREDIT WHILE TAKING CLASSES IN HIGH SCHOOL

Advanced Placement

- Administered through the College Board
- Rigorous, fast paced
- Students take AP exam, qualifying score can earn college credit or advanced standing
- Some courses may require summer assignments



Running Start

- Administered through the Community College System of NH
- **Additional registration process required to earn college credit (once class starts)**
- Rigorous, follows requirements of community college course
- Credit earned upon successful completion



NH Scholars



- Incentive for students to take rigorous coursework in high school to prepare for college or career
- Prescribed course of study includes 4 social studies credits, 4 math credits (including beyond Algebra 2), 3 lab based sciences, 2 World language courses
- 4 Pathways: NH Scholars, STEM Pathway, Arts Pathway, Career Pathway
- Recognition includes:
 - Recognized with medallion or pin to wear at graduation
 - Indication on transcript/foil seal on diploma

How to select courses in PowerSchool

Step 1: Login to PowerSchool
at ps.conval.edu/public

Step 2: After logging in, you
will be directed to the home
screen. Choose the course
registration link on the left
side of the screen.

The screenshot shows the PowerSchool web interface. On the left is a navigation menu with links: Grades and Attendance, Missing Assignments, Grade History, Attendance History, Teacher Comments, Student Reports, School Bulletin, Class Registration (highlighted with a red circle), and My Schedule. The main content area is titled 'Welcome to the ConVal High School Class Registration System for 2020-2021'. It includes a welcome message and a 'View course requests' link. Below this, there are three course request sections: English, English Electives, and Social Studies. The English section shows 'ENGLISH 10' with details 'ENG13002 - 1 credits' and 'The sophomore program'. The English Electives section shows 'Optional: Sophomores may choose English elective courses. These credits will count as elective credits but do NOT replace the English 10 requirement.' The Social Studies section shows 'AP WORLD HISTORY' with details 'SOC16310 - 2 credits'. A red arrow points to the 'Class Registration' link in the navigation menu.

Navigation

- Grades and Attendance
- Missing Assignments
- Grade History
- Attendance History
- Teacher Comments
- Student Reports
- School Bulletin
- Class Registration**
- My Schedule

Welcome to the ConVal High School Class Registration System for 2020-2021

Please communicate with your current teachers and your family to make thoughtful decisions about the courses you select. We encourage you to read the Program of Studies online and use the Course Registration Sheet prior to making your selections in the PowerSchool portal. Your school counselor will schedule a meeting with you to review your requests before finalizing them. Prerequisites must be met before a course can be requested. Be sure to review the Program of Studies before making your selection.

View course requests

English

Required: Sophomores are required to take English 10, English 10 Honors or AP English Language.

Number of requests to generate : 1

English 10

ENG13002 - 1 credits
The sophomore program

English Electives

Optional: Sophomores may choose English elective courses. These credits will count as elective credits but do NOT replace the English 10 requirement.

Number of requests to generate : 1

Social Studies

Recommended: Social studies is not required for

AP WORLD HISTORY

SOC16310 - 2 credits

How to select courses in PowerSchool

Step 3: The class registration page has options organized into categories. These categories indicate details about those classes, such as if the selected one is required, recommended, or optional.

[View course](#)

English
Required: Sophomores are required to take English 10, English 10 Honors or AP English Language.
Number of requests to generate : 1

ENGLISH 10
ENG13002 - 1 credits
The sophomore program

English Electives
Optional: Sophomores may choose English elective courses. These credits will count as elective credits but do NOT replace the English 10 requirement.
Number of requests to generate : 1

Click the edit button to request a

How to select courses in PowerSchool

Step 4: To select a course, use the pencil option to see the available options in a given category as well as description information regarding each course. Courses are listed alphabetically.

Check the box in order to select the course. Some categories will allow you to select multiple courses if you so choose.

The screenshot shows the 'ConVal High School Class Registration System for 2020-2021' interface. On the left is a 'Navigation' sidebar with icons and labels for various school functions. The main area has a header 'Welcome to the ConVal High School Class Registration System for 2020-2021' followed by a paragraph of instructions. Below this is a section titled 'English' with details about required courses and a 'Number of requests to generate : 1'. To the right of this section is a table with columns for course details and a checkbox. A red arrow points to the checkbox for the 'English' course, which is currently unchecked. Below the 'English' section is another section for 'English Electives' with similar details and a checkbox.

English	English 10
Required: Sophomores are required to take English 10, English 10 Honors or AP English Language. Number of requests to generate : 1	ENG10002 - 1 credits The sophomore program



Click the edit button to request a course ⇨

How to select courses in PowerSchool

Step 5: Once you have reviewed each category and made your selections, be sure that you've signed up for enough credits – a full course load is 8 credits.

admissions. Two credits are also required for NH Scholars.

Number of requests to generate : 1

Support Services Click the edit button to request a course ➡  

These courses are for students who require support services and must be approved by a case manager.



Number of requests to generate : 1

Alternate Courses

BUSINESS & PERSONAL L	BUSINESS MANAGEMENT	AMER ECON/GOVT
CAT12100 - 1 credits Learn rights and	CAT12101 - 1 credits Learn what it takes to	SOC16105 - 1 credits This required course


REQUIRED: Choose 3 minimum. These are courses you are selecting in case you do not get your first choice. They should be different than what you already selected! Remember that you may be scheduled in these courses so choose carefully!

Number of requests to generate : 1

Additional Requests Click the edit button to request a course ➡  

Requests that are currently not associated with any requirement group.

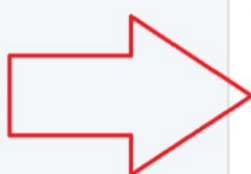
Requires 8 credit hours.
Requesting 8 credit hours.
Requesting 0 additional credit hours.



How to select courses in PowerSchool

Step 6: All students should also include 3 alternate choices. These are courses that would be scheduled if one of your top choices is not available.

Step 7: When you have selected your courses, be



colleges require a two credit minimum for admissions. Two credits are also required for NH Scholars.

Number of requests to generate : 1

Support Services Click the edit button to request a course ⇒

These courses are for students who require support services and must be approved by a case manager.

Number of requests to generate : 1

Alternate Courses

REQUIRED: Choose 3 minimum. These are courses you are selecting in case you do not get your first choice. They should be different than what you already selected! Remember that you may be scheduled in these courses so choose carefully!

Number of requests to generate : 1

BUSINESS & PERSONAL L	BUSINESS MANAGEMENT	AMER ECON/GOVT
CAT12100 - 1 credits Learn rights and	CAT12101 - 1 credits Learn what it takes to	SOC16105 - 1 credits This required course

Additional Requests Click the edit button to request a course ⇒

Requests that are currently not associated with any requirement group.

Next Steps



Exit Ticket - Course Selection 2023-24

Think about: What do you want to take? What do you need to take?

Talk with teachers about their course recommendations.

Talk to parents/guardians and about your post-secondary goals.



SELECT YOUR COURSES IN POWERSCHOOL BY FRIDAY FEB 10th!!!!

You need to select your courses in PowerSchool before the SuperBowl!

ATC Applications are due to Ms Kiley by March 17!

Attend your 1:1 meeting with your school counselor (early March)

Look on [ehallpass](#) for your appointment!!