

Rising 10th Graders: 2024–2025

COURSE SELECTION



What we will cover today

AGENDA

- Graduation Requirements
- Course Selection Timeline
- Course Selection Info
 - Program of Studies
 - Virtual Electives Fair
- Recommended Courses
- Things to Consider
 - College Level Courses
 - NH Scholars
- How to Select Courses in PowerSchool
- Next Steps

Minimum Graduation Requirements

Subject Area	ConVal Diploma	ADP
English	4	4
Social Studies: (1 Global Studies, 1 Econ/Gov, 1 US History)	3	3
Science: (1 Physical Science, 1 Biology, 1 additional science)	3	2
Mathematics	4	2
Health	1	0
Physical Education	1	0
Art	.5 or competency	0
Information and Computer Technology	.5 or competency	.5 or competency
Electives	9	8.5
TOTAL	26	20

New:
FAFSA and
Citizenship Test

Course Selection Timeline

FEB 2 – 9

Students review course selection information with parents/guardians.

Students enter course selections online in PowerSchool.

FEB 12 – MARCH 22

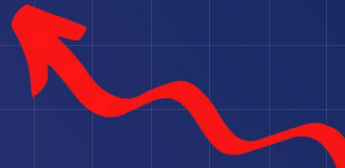
School counselors will be scheduling meetings with students to review and finalize course selections.

ATC Applications due by March 15.

MARCH 25 – ON

Teachers review student course requests and communicate with students, parents, counselors regarding recommendations.

Students will receive their schedules in August



Course Selection Info

Choose School

Go



Contoocook Valley Regional High School 184 Hancock Road Peterborough NH 03458



(603) 924-3869

ConVal Regional
High School



Solar Power

School Information

Academics

Parents & Students

Library

School Counseling

Health Office

Home

Athletics

Appointment Requests

[Course Selection Resources](#)

Naviance

Transcript Requests



Program of Studies

Choose School

Go

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Course Selection Resources

Below you will find links to helpful resources that will help navigate the course selection process.

- [2023-24 Program of Studies](#)

For Current CVHS Students:

- [Course Selection Sheet for Rising 10th Graders](#)
- [Slideshow for Rising 10th Graders](#)
- [Course Selection Sheet for Rising 11th Graders](#)
- [Slideshow for Rising 11th Graders](#)
- [Course Selection Sheet for Rising 12th Graders](#)
- [Slideshow for Rising 12th Graders](#)

For Current 8th Grade Students:

- [Course Selection Sheet for Rising 9th Graders](#)
- [Course Selection for Rising 9th Graders](#)
- [Slideshow for Rising 9th Graders](#)

School Counseling

[About School Counseling](#)
[Admissions Testing – ACT/SAT](#)
[Adult Diploma](#)
[College Planning Resources](#)
[Course Selection Resources](#)
[Monthly Newsletter](#)
[Community Resources](#)
[ConVal Profile](#)
[Forms](#)
[Graduation Requirements](#)
[Military, ASVAB, and Service Academies](#)
[Naviance – Career and College Planning](#)
[New Student Registration](#)
[Online Learning](#)
[Parent Resources for Drug & Alcohol Support](#)
[PowerSchool Parent and Student Sign In](#)
[RENEW](#)

Online Electives Fair

ConVal High School Holds Online Electives Fair

ConVal Regional High School students have the opportunity this month to explore courses for the 2022-2023 school year by checking out the Electives Fair online.

By clicking on the short video presentations and .pdf guides below, students can search the palette of options offered by the following:

ConVal High School Departments

- English
 - Aesthetics and Ideas (Lambert & Putnam)
 - English Electives (L Moore)
 - Theatre Arts (L Moore)
- Health & Wellness
 - Personal Fitness (Lima)
- Mathematics
 - Statistics (Winslow)
- Science
 - Science Electives (Muncy)
- Social Studies
 - AP US History (Bowman)
 - AP World History (Heider)
 - Psychology (O'Brien)
 - Western Heritage (Leonard)
 - World Religions (Bowman)
- Visual and Performing Arts
 - 2D Art (Goldthwaite)
 - 3D Art (Putnam)
 - Aesthetics and Ideas (Lambert & Putnam)
 - Band (Wickham)

VISIT THE CVHS WEBSITE TO CHECK OUT
SHORT VIDEO CLIPS OF THE ELECTIVE
COURSES AVAILABLE TO YOU!

VIRTUAL ELECTIVES FAIR

cvhs.convalsd.net/school-counseling/course-selection-resources/

Recommended courses for 10th graders

ENGLISH

English 10/Honors

AP Language

English Electives

English 9
(if not done already)

SOCIAL STUDIES

Amer Econ/Govt

Western World

AP World History

Social Studies
Electives

MATH

Algebra 1
(if not done already)

Geometry or
Geometry Concepts

Algebra 2

Algebra 3

Trigonometry

AP Calculus

Statistics

SCIENCE

Biology

Earth and Space
Science

Chemistry

Chemistry Honors

Science electives

OTHER

Health & Wellness 1

World Languages:
German or Spanish

Visual / Performing
Arts

ATC Career and
Technical Ed Courses



Region 14 Applied Technology Center

MUST COMPLETE ATC APPLICATION – DUE MARCH 17

Auto Tech @ Mascenic
Business

Careers in Education

Computer & Information Technology

Construction Trades @ Conant

Digital Photo/Video
Pre-Engineering

Firefighting & EMT

Graphic Design

Manufacturing with Welding

Quarter long LNA classes are also available.

If you're interested in a program not on this list, talk to Mrs. Kiley & your school counselor.

Things to Consider

WHEN SELECTING YOUR COURSES

*All students must engage with and apply **English and mathematics competencies** during every year they are in high school*

- Interests should drive course selection
- College and Career Ready
- Post-secondary goals
- High School minimum graduation requirements vs. College Admission requirements
- Differences in requirements for certain majors
 - Ex. Nursing - Chemistry, Anatomy
 - Ex. Engineering - math requirements
- Rigor
- Alternates

AP Level Courses

EARNING COLLEGE CREDIT WHILE TAKING CLASSES IN HIGH SCHOOL

Advanced Placement (AP)

- Administered through the College Board
- Rigorous, fast paced
- Students take AP exam, qualifying score can earn college credit or advanced standing
- Some courses may require summer assignments



Early College Courses

EARNING COLLEGE CREDIT WHILE TAKING CLASSES IN HIGH SCHOOL

Early College

- Administered through the Community College System of NH
- **Additional registration process required to earn college credit (once class starts)**
- Rigorous, follows requirements of community college course
- Credit earned upon successful completion

3 ways to do Early College

1. **Early College at ConVal** (formerly known as Running Start courses)
2. **Early College at a community college** campus
3. **Early College Online** (formerly known as eStart)



NH Scholars

**NEW HAMPSHIRE
SCHOLARS**
College Ready, Work Ready, Ready for Life

- Incentive for students to take rigorous coursework in high school to prepare for college or career
- Prescribed course of study includes 4 social studies credits, 4 math credits (Including: Algebra 1, Geometry, Algebra 2, and one additional math beyond Algebra 2), 3 lab based sciences, 2 World language courses
- Minimum GPA 3.2
- Recognition includes:
 - Recognized with pin to wear at graduation
 - Indication on transcript/foil seal on diploma

How to select courses in PowerSchool

Step 1: Login to PowerSchool at ps.conval.edu/public

Step 2: After logging in, you will be directed to the home screen. Choose the course registration link on the left side of the screen.

The screenshot shows the PowerSchool web application interface. The browser address bar displays the URL: ps.conval.edu/admin/powerschedule/requestsetup/requestformpreview.html?mode=preview&gradelevel=10&schedulerequestyearid=3000&user=guardian. The page title is "PowerSchool".

The main heading reads: "Welcome to the ConVal High School Class Registration System for 2020-2021". Below this, a message states: "Please communicate with your current teachers and your family to make thoughtful decisions about the courses you select. We encourage you to read the Program of Studies online and use the Course Registration Sheet prior to making your selections in the PowerSchool portal. Your school counselor will schedule a meeting with you to review your requests before finalizing them. Prerequisites must be met before a course can be requested. Be sure to review the Program of Studies before making your selection."

A "View course requests" link is present. The interface displays a list of course options:

- English**: ENGLISH 10 (ENG13002 - 1 credits). The sophomore program. Number of requests to generate: 1. Status: [edit] [checkmark]
- English Electives**: Optional Sophomores may choose English elective courses. These credits will count as elective credits but do NOT replace the English 10 requirement. Number of requests to generate: 1. Status: [edit] [checkmark]. A red arrow points to the text "do NOT replace".
- Social Studies**: AP WORLD HISTORY (SOC16310 - 2 credits). Recommended: Social studies is not required for. Status: [edit] [checkmark]

The left sidebar contains a "Navigation" menu with the following items: Grades and Attendance, Missing Assignments, Grade History, Attendance History, Teacher Comments, Student Reports, School Bulletin, **Class Registration** (highlighted with a red circle), and My Schedule. The Windows taskbar at the bottom shows the date and time as 2:20 AM on 2/9/2021.

How to select courses in PowerSchool

Step 3: The class registration page has options organized into categories. These categories indicate details about those classes, such as if the selected one is required, recommended, or optional.

The screenshot shows a user interface for selecting courses. At the top right, there is a link that says "View course". Below this, there are two main sections: "English" and "English Electives".

English

Required: Sophomores are required to take English 10, English 10 Honors or AP English Language.

Number of requests to generate : 1

English 10

ENG13002 - 1 credits

The sophomore program

English Electives

Optional: Sophomores may choose English elective courses. These credits will count as elective credits but do NOT replace the English 10 requirement.

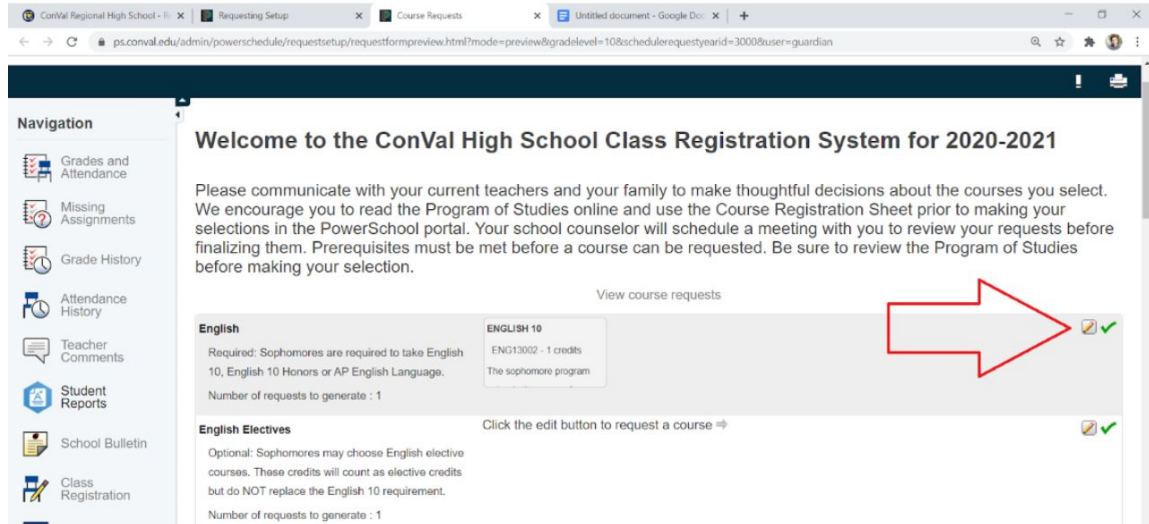
Number of requests to generate : 1

Click the edit button to request a

How to select courses in PowerSchool

Step 4: To select a course, use the pencil option to see the available options in a given category as well as description information regarding each course. Courses are listed alphabetically.

Check the box in order to select the course. Some categories will allow you to select multiple courses if you so choose.





The screenshot displays the PowerSchool interface for course selection. On the left is a navigation menu with options like 'Grades and Attendance', 'Missing Assignments', 'Grade History', 'Attendance History', 'Teacher Comments', 'Student Reports', 'School Bulletin', and 'Class Registration'. The main content area is titled 'Welcome to the ConVal High School Class Registration System for 2020-2021'. Below the welcome message, there is a section for 'English' courses. The 'English' course is listed with details: 'Required: Sophomores are required to take English 10, English 10 Honors or AP English Language.' and 'Number of requests to generate : 1'. A red arrow points to a checkbox next to the course name, which is currently checked. Below this, there is an 'English Electives' section with an 'Optional' note and 'Number of requests to generate : 1'. A 'View course requests' link is also visible.

How to select courses in PowerSchool

Step 5: Once you have reviewed each category and made your selections, be sure that you've signed up for enough credits – a full course load is 8 credits.



admissions. Two credits are also required for NH Scholars.

Number of requests to generate : 1

Support Services Click the edit button to request a course →  

These courses are for students who require support services and must be approved by a case manager.



Number of requests to generate : 1

Alternate Courses Click the edit button to request a course →  

BUSINESS & PERSONAL L	BUSINESS MANAGEMENT	AMER ECON/GOVT
CAT12100 - 1 credits Learn rights and	CAT12101 - 1 credits Learn what it takes to	SOC16105 - 1 credits This required course


REQUIRED: Choose 3 minimum. These are courses you are selecting in case you do not get your first choice. They should be different than what you already selected! Remember that you may be scheduled in these courses so choose carefully!

Number of requests to generate : 1

Additional Requests Click the edit button to request a course →  

Requests that are currently not associated with any requirement group.

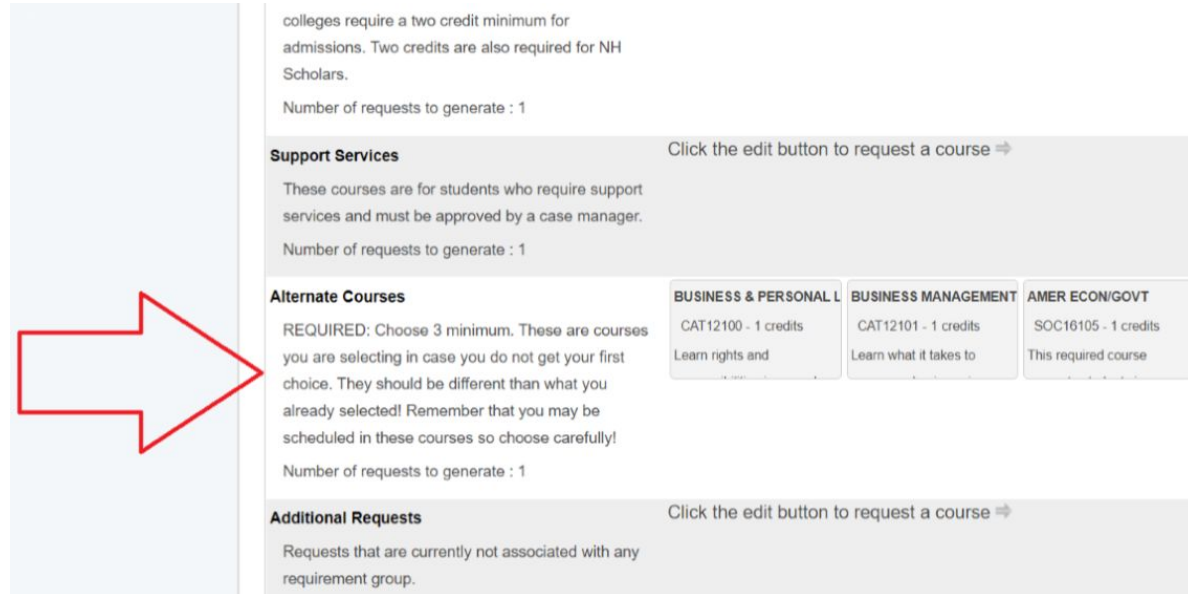
Requires 8 credit hours.
Requesting 8 credit hours.
Requesting 0 additional credit hours.



How to select courses in PowerSchool

Step 6: All students should also include 3 alternate choices. These are courses that would be scheduled if one of your top choices is not available.

Step 7: When you have selected your courses, be



The screenshot shows a web interface for selecting courses. A red arrow points to the 'Alternate Courses' section. The interface includes several sections: 'colleges require a two credit minimum for admissions. Two credits are also required for NH Scholars.' with 'Number of requests to generate : 1'; 'Support Services' with a link to request a course and a note that these courses require case manager approval; 'Alternate Courses' with a 'REQUIRED' note and three course options: 'BUSINESS & PERSONAL L' (CAT12100), 'BUSINESS MANAGEMENT' (CAT12101), and 'AMER ECON/GOVT' (SOC16105); and 'Additional Requests' with a link to request a course.

colleges require a two credit minimum for admissions. Two credits are also required for NH Scholars.
Number of requests to generate : 1

Support Services [Click the edit button to request a course ⇒](#)
These courses are for students who require support services and must be approved by a case manager.
Number of requests to generate : 1

Alternate Courses [Click the edit button to request a course ⇒](#)
REQUIRED: Choose 3 minimum. These are courses you are selecting in case you do not get your first choice. They should be different than what you already selected! Remember that you may be scheduled in these courses so choose carefully!
Number of requests to generate : 1

BUSINESS & PERSONAL L	BUSINESS MANAGEMENT	AMER ECON/GOVT
CAT12100 - 1 credits Learn rights and	CAT12101 - 1 credits Learn what it takes to	SOC16105 - 1 credits This required course

Additional Requests [Click the edit button to request a course ⇒](#)
Requests that are currently not associated with any requirement group.

Next Steps



[Exit Ticket - Course Selection 2024-25](#)

Think about: What do you want to take? What do you need to take?

Talk with teachers about their course recommendations.

Talk to parents/guardians and about your post-secondary goals.



SELECT YOUR COURSES IN POWERSCHOOL BY FRIDAY FEB 9th!!!!

You need to select your courses in PowerSchool before the SuperBowl!

ATC Applications are due to Ms. Kiley by March 15!

Attend your 1:1 meeting with your school counselor (late February)

Look on [ehallpass](#) for your appointment!!